

# PSYCHOLOGY/MENTAL HEALTH COUNSELING, BA/MS

## General Track

*In addition to the courses listed below, students are required to complete two courses with the Anti-Racism Education attribute attached. These courses may be taken during any semester of their education. See advisor for more information.*

Course	Title	Credits
<b>First Year</b>		
<b>Fall</b>		
ENG 110	Composition	3
UNV 101	First-Year Seminar: Introduction to University Community	1
PSY 112	Introduction to Psychology (Learning Community (LC) with CHP 101)	4
CHP 101	Wellness and Physical Fitness (Learning Community (LC) with PSY 112)	2
Take any Arts & Humanities (AH) course		3
See advisor for approved MAT requirement		3
<b>Credits</b>		<b>16</b>
<b>Spring</b>		
ENG 120	Critical Writing	4
COM 200	Public Speaking	3
PSY 205	Statistics in Psychology and Allied Fields	4
One Lab science course		3
Take any Natural Sciences (NS) and Social Sciences (SS) course		3
<b>Credits</b>		<b>17</b>
<b>Second Year</b>		
<b>Fall</b>		
CS 121 or TS 105 or CIS 101	Introduction to Computer Science or Computers for Human Empowerment or Introduction to Computing	3-4
PSY 304	Social Psychology	4
First Second Language Course. See Advisor for guidelines		3
Take any Arts & Humanities (AH) course		3
Take Any Natural Sciences (NS) and Social Sciences (SS)course		3
<b>Credits</b>		<b>16-17</b>
<b>Spring</b>		
PSY 308	History of Psychology	4
PSY 233	Psychology of Civic Engagement	3
Second Language Course, if applicable		3
Take any Natural Sciences (NS) and Social Sciences (SS)course		3
Take any Arts & Humanities (AH) course		3
<b>Credits</b>		<b>16</b>
<b>Third Year</b>		
<b>Fall</b>		
ENG 201	Writing in the Disciplines	3-4
PSY 311	Biological Psychology	4
PSY 386	Psychological Research I	4
Open Elective Course		3
One elective course in subject PSY		3
<b>Credits</b>		<b>17-18</b>
<b>Spring</b>		
PSY 315	Cognitive Psychology	4
PSY 387	Psychological Research II	4
One elective course in subject PSY		3

One elective course in subject PSY		3
	<b>Credits</b>	<b>14</b>
<b>Fourth Year</b>		
<b>Fall</b>		
PSY 324	Psychopathology	4
One Elective Course in subject PSY		3
Open Elective Course		3
Open Elective Course		2
	<b>Credits</b>	<b>12</b>
<b>Spring</b>		
Open Elective Course		3
Open Elective Course		3
Open Elective Course		3
Open Elective Course		3
	<b>Credits</b>	<b>12</b>
	<b>Total Credits</b>	<b>120-122</b>

## Psychology/Mental Health Counseling-MS (PMG) Track

*In addition to the courses listed below, students are required to complete two courses with the Anti-Racism Education attribute attached. These courses may be taken during any semester of their education. See advisor for more information.*

Course	Title	Credits
<b>First Year</b>		
<b>Fall</b>		
ENG 110	Composition	3
UNV 101	First-Year Seminar: Introduction to University Community	1
PSY 112	Introduction to Psychology (Learning Community (LC) with CHP 101)	4
Take any Arts & Humanities (AH) Course		3
See advisor for approved MAT requirement		3
MAT 104 or MAT 111 or MAT 131 or MAT 134 or MAT 137 or MAT 141	Finite Mathematics (or MAT 109) or Elementary Calculus I or Calculus I or Introduction to Probability and Statistics or Introduction to Discrete Mathematics or Introductory Statistics for the Life Sciences	3
	<b>Credits</b>	<b>17</b>
<b>Spring</b>		
ENG 120	Critical Writing	4
COM 200	Public Speaking	3
PSY 205	Statistics in Psychology and Allied Fields	4
One Lab science course		3
Take any Take Any Natural Sciences (NS) and Social Sciences (SS) Course		3
	<b>Credits</b>	<b>17</b>
<b>Second Year</b>		
<b>Fall</b>		
PSY 304	Social Psychology	4
CS 121 or TS 105 or CIS 101	Introduction to Computer Science or Computers for Human Empowerment or Introduction to Computing	3-4
First Second Language Course. See Advisor for guidelines		3
Take any Take Any Natural Sciences (NS) and Social Sciences (SS) Course		3
Take any Arts & Humanities (AH) course		3
	<b>Credits</b>	<b>16-17</b>

**Spring**

PSY 308	History of Psychology	4
PSY 233	Psychology of Civic Engagement	3
Second Language Course, if applicable		3
Take any Take Any Natural Sciences (NS) and Social Sciences (SS) Course		3

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**Credits** **13**

**Third Year****Fall**

ENG 201	Writing in the Disciplines	3
PSY 311	Biological Psychology	4
PSY 386	Psychological Research I	4
Take any Arts & Humanities (AH) course		3

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**Credits** **14**

**Spring**

PSY 315	Cognitive Psychology	4
PSY 387	Psychological Research II	4
One elective course in subject PSY		3
One elective course in subject PSY		3
Open Elective Course		1

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**Credits** **15**

**Fourth Year****Fall**

PSY 324	Psychopathology	4
MHC 630	Helping Relationships: Counseling Theories and Techniques I	3
MHC 632	Orientation to Addiction: Etiology, Screening, Treatment	3
MHC 687 or MHC 652 or MHC 672	Foundations of Mental Health Counseling and Consultation or Human Growth and Development or Psychopathology and Personality Disorders	3
One Elective course in subject PSY		3

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**Credits** **16**

**Spring**

MHC 631	Helping Relationships: Counseling Theories and Techniques II	3
MHC 652	Human Growth and Development	3
MHC 672	Psychopathology and Personality Disorders	3
One Elective course in subject PSY		3

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**Credits** **12**

**Fifth Year****Fall**

MHC 658	Group Dynamics	3
MHC 675	Field Experience: Internship I	3
MHC 678	Career and Lifestyle Development	3
MHC 679	Marriage and Family Systems and Counseling: Recognizing and Reporting Child Abuse and Maltreatment	3
MHC 686	Appraisal and Assessment of Individuals, Couples, Families, and Groups	3

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**Credits** **15**

**Spring**

MHC 674	Integrating Seminar: Professional Orientation and Ethics	3
MHC 676	Field Experience: Internship II	3
MHC 677	Research and Program Evaluation	3
MHC 685	Social and Cultural Foundations of Counseling	3

MHC 694	Practicum in Mental Health Counseling	3
<b>Credits</b>		<b>15</b>
<b>Total Credits</b>		<b>150-151</b>