

APPLIED PSYCHOLOGY AND HUMAN RELATIONS/MENTAL HEALTH COUNSELING, BA/MA

Campus: NYC, Westchester

In addition to the courses listed below, students are required to complete two courses with the Anti-Racism Education attribute attached. These courses may be taken during any semester of their education. See advisor for more information.

Course	Title	Credits
First Year		
Fall		
ENG 110	Composition	3
UNV 101	First-Year Seminar: Introduction to University Community	1
PSY 112	Introduction to Psychology <small>Learning Community with CHP 101</small>	4
CHP 101	Wellness and Physical Fitness <small>Learning Community with PSY 112</small>	2
Take any Arts & Humanities (AH) Course		3
MAT course (MAT 102, MAT 104, MAT 109, MAT 111, MAT 131, MAT 134, MAT 137, MAT 141)		3
Credits		16
Spring		
ENG 120	Critical Writing	4
COM 200	Public Speaking	3
PSY 205	Statistics in Psychology and Allied Fields	4
Lab science course		3
Take any one remaining AH Course course		
Credits		14
Second Year		
Fall		
CS 121 or TS 105	Introduction to Computer Science <small>or CIS 101</small> or Computers for Human Empowerment	4
PSY 304	Social Psychology	4
PSY 332	Group Relations and Interviewing Techniques	4
First Second Language Course. See Advisor for guidelines		3
Take any Arts & Humanities (AH) Course		3
Credits		18
Spring		
PSY 233	Psychology of Civic Engagement	3
PSY 324	Psychopathology	4
Second Language Course, if applicable		3
Take any Arts & Humanities (AH) Course		3
Take any Natural Sciences (NS) and Social Sciences (SS) Course		3
Credits		16
Third Year		
Fall		
ENG 201	Writing in the Disciplines	3
PSY 313	Research Methodology	4
PSY 391	Practicum in Psychology I	4
Take any Natural Sciences (NS) and Social Sciences (SS) Course		3
One Elective Course in PSY		3
Credits		17
Spring		
PSY 375	Lifespan Development Psychology	4

PSY 337	Introduction to Psychological Counseling	4
PSY 392	Practicum in Psychology II	4
One Elective Course in PSY		3
Credits		15
Fourth Year		
Fall		
MHC 630	Helping Relationships: Counseling Theories and Techniques I	3
MHC 652	Human Growth and Development	3
MHC 687	Foundations of Mental Health Counseling and Consultation	3
One Elective Course in PSY		3
Credits		12
Spring		
MHC 631	Helping Relationships: Counseling Theories and Techniques II	3
MHC 672	Psychopathology and Personality Disorders	3
MHC 632	Orientation to Addiction: Etiology, Screening, Treatment	3
One Elective Course in PSY		3
Credits		12
Total Credits		120